

# Practitioner / Kaiwhakamahereroa Waranga

**Reports to**Clinical Manager – Te Ngāhere Intensive Treatment Programme (ITP)

**Service/Team** Te Ngāhere Intensive Treatment Programme

#### **About Us**

Since 1980, we have supported thousands of New Zealanders whose lives are affected by alcohol, drug or other addiction challenges. We provide effective, evidence-based services that support wellbeing. We do this in partnership with tāngata whai ora (people seeking wellness) and their whānau, working together to build the lives they want.

We wholeheartedly believe that everyone living in New Zealand should have the opportunity to live life to the fullest and feel hopeful about their future. Our services encourage stronger connections with friends and whānau and enable meaningful participation in the community.

Our pillars – trust, honesty, responsibility, concern and love – are the foundation of our work, guiding how we work together and with others.

## Tō Tātou Matakitenga | Our Vision

Poutia, Heretia, Tuia te muka tangata ki te pou tokomanawa

Ka tū mana Motuhake, Ka noho herekore I ngā waranga me ngā wero mui o te ao.

People, whānau and communities are connected and supported to live the lives they want, free from drug, alcohol and other addiction challenges.

## Tō Tātou Aronga | Our Purpose

E hangaia e mātou he whare tumanako me ngā wāhi haumaru ka āhei I a tangata te eke ki angitu kia whaiwhakaaro ai, kia puawai, katahi ano hoki, ka herea ai te muka tangata ki a ia anō, ko te mea kē ka puta te ira tangata ki te wheiao ki te ao mārama.

We create hopeful and safe spaces for change with opportunities to reflect; learn and connect so that people can move towards a brighter future.



#### **Position Purpose**

- Support Tāngata Whai ora to break unhelpful cycles and re-discover their identity, re-connect to their place of belonging and their whānau through pepeha, whakapapa, whānau and marae.
- Engage and follow up with Te Ngāhere graduates both inside the prison and within the wider community in order to support treatment gains and enhance the degree of authentic re-connection with their community and whānau.
- Provide essential elements of AOD treatment using an approach that focuses on the key elements of Māori and Pacifica health.

### **Key Areas of Responsibility**

Area of Responsibility	Performance Measures
<ul> <li>Service Delivery</li> <li>Provide assessment, treatment and support to participants/ tāngata whaiora that assists them to achieve effective outcomes and satisfaction through one on one and group meetings.</li> <li>Facilitate consultation and liaison with participants/tāngata whaiora and their familly/whānau as appropriate.</li> <li>Participate in the education and follow-up of the participants/ tāngata whaiora, familly/ whānau and other relevant individuals regarding the participants' treatment plan.</li> <li>Participate fully in multi-disciplinary team meetings and integrated treatment planning.</li> <li>Actively support the running of the programme, including clinical tasks within own scope of practice as directed by the Clinical Manager.</li> <li>Ensure all treatment documentation meets Odyssey's clinical protocols, and adheres to organisational policies, procedures and systems.</li> <li>Utilise and understand group dynamics, team processes and actively promotes a positive team approach.</li> <li>Establish and maintain effective relationships with Odyssey employees, correctional staff and other key stakeholders.</li> <li>Be familiar with and adhere to relevant Corrections protocols, policies and procedures as required.</li> </ul>	<ul> <li>Culturally appropriate recovery services are provided to participants/āangata whai ora, including delivering assessments, one to one and group support.</li> <li>Manager, participants/tāngata whai ora, and other relevant stakeholders express satisfaction with the level of involvement, support and follow up provided.</li> <li>Contributions support the achievement of programme goals.</li> <li>Shows proactive support and shares information, knowledge and expertise with team members.</li> <li>Effective working relationships are established and maintained with correctional staff and other key stakeholders.</li> <li>Audit measures show compliance with organisational policies and procedures.</li> <li>Adherence is shown to corrections policies and procedures.</li> <li>HCC information is accurate, timely and meets all case note writing policy and procedural requirements and privacy act/confidentiality requirements; HCC case reviews are kept up to date.</li> </ul>



Area of Responsibility	Performance Measures
Write up participant clinical case notes and reviews, and input into the Odyssey client database (HCC).	
<ul> <li>Health and Safety</li> <li>Identify and act on any potential risks to self or others, including tangata whai ora, whanau and other employees.</li> <li>Be familiar with and abide by the organisation's health and safety policies and reporting procedures, ensuring others do the same as required.</li> <li>Follow safe work practices, which includes the effective use of safety equipment, identification of workplace hazards and taking action to reduce or eliminate these.</li> </ul>	<ul> <li>Risks (including Health and Safety, compliance and maintenance) are identified and reported.</li> <li>Plans are put in place to resolve and/or mitigate potential problems as required</li> <li>Issues are escalated to relevant manager as required.</li> <li>Demonstrates understanding and compliance with organisational and legislative health and safety requirements and is proactive in ensuring employees are compliant.</li> <li>Follows correct protocols when using safety equipment.</li> <li>Workplace hazards are identified and plans are put in place to reduce /eliminate these or the matter is escalated to the relevant authority.</li> </ul>
Treaty of Waitangi  Demonstrate knowledge and understanding of the Treaty of Waitangi and its application in this role.	Actions show knowledge and ability to apply the principles of the Treaty in the delivery of role .
Professional Development  Be proactive in own professional development.  Attend relevant organisational training as required.	<ul> <li>Has an individual development plan which is implemented.</li> <li>Attends organisational training required for role.</li> </ul>
<ul> <li>General</li> <li>Attend and contribute actively to team meetings.</li> <li>Carry out any other duties that may be delegated by the line manager, which are in keeping with the scope of the role.</li> </ul>	<ul> <li>Regular attendance at team meetings and makes useful contributions.</li> <li>Work is undertaken and completed. Commitment and flexibility is demonstrated.</li> </ul>



### **Key Relationships**

Internal	External
<ul> <li>Te Ngāhere Clinical Manager /team</li> <li>Operations Manager – Specialist Services</li> <li>Other Odyssey employees</li> </ul>	<ul> <li>Participants/tāngata whai ora and their whānau</li> <li>Corrections staff</li> <li>External organisations</li> </ul>

### **Person Specification**

#### Qualifications, Knowledge and Experience

- Up to one year's experience supporting whai ora in a social services, addictions and/or mental health setting
- Relevant (level 7) qualification e.g. Bachelors in Health Science, Social Work, Psychology, Counselling, Nursing
- Registered (or is working towards registration) with DAPAANZ, Social Work or other registered professional body under the HPCA Act
- Conversant with mental health recovery and AOD concepts, models and frameworks, including the Therapeutic Community model
- Demonstrated knowledge of te reo, Māori Tikanga and the application of the Treaty of Waitangi
- Knowledge of the cultural norms, practices and traditions of other Pacific peoples
- Experience of working in the social services, addictions and/or mental health sectors.
- Understanding of and interest in Odyssey's work
- Experience and expertise in using Microsoft suite applications
- Full Current New Zealand Drivers Licence
- Prior experience of working in a prison environment is an advantage
- A qualification in Addictions is preferred
- Active networks with Māori communities is highly desirable

#### **Skills and Abilities**

- Strong interpersonal and communication skills and ability to establish and maintain effective relationships with a range of stakeholders
- Ability to facilitate traditional Māori models of treatment and healing such as Te Whare Tapa Whā, Te Wheke, Pōwhiri and tikanga Māori
- Ability to work under pressure, complete work on time and to a good standard
- Ability to work with limited supervision
- Demonstrated cultural sensitivity and rainbow diversity awareness
- Basic fitness and ability to participate in recreational activities in the programme
- Willingness to consider other viewpoints and adjust decisions as appropriate
- Ability to deal with conflict and challenging situations
- Self-motivated, able to take the initiative and adapt to changing circumstances
- Ability to show discretion and tact
- High regard for confidentiality and security, including client information
- Fluency in English
- IT/word-processing skills
- Ability to acknowledge own limitations and is proactive in seeking help and/or working on own personal and professional development



## Ngā Poupou | Our Pillars

Our Pillars are the foundation of our work, guiding how we work together and with each other.

Whakawhirinaki   Trust	Reliable and shows great integrity
Pono   Honesty	Transparency and openness underpins all actions
Haepapa   Responsibility	Achieves and surpasses goals
Matapōpore   Concern	Empathic and interested in the wellbeing of others
Aroha   Love	Genuinely collaborative, supportive and able to work as part of a close-knit team, including with tāngata whai ora and whānau

#### 'Let's Get Real' Skills

The table below outlines the 'Let's Get Real' framework skill level and competencies that are relevant to this role. Odyssey is committed to supporting employees to meet these competencies with the expectation that employees will be proactive in developing and demonstrating these skills.

Skill	Description	Competency Level – Essential
Working with people experiencing mental health and addictions	Is supportive of employees and participants/whai ora with mental health and addiction needs, focusing on their strengths	<ul> <li>Greets and welcomes people accessing services and their whānau appropriately, providing age and/or culturally appropriate, relevant &amp; specific information.</li> <li>Works in partnership with people accessing services and is mindful of the impact of power differentials.</li> <li>Demonstrates understanding and respect of diversity and cultural awareness through appropriate use of language and culturally specific resources, particularly for Māori whai ora and whānau.</li> <li>Recognises people accessing services may be fearful or apprehensive and works to establish a safe and trusting connection and a comfortable physical environment.</li> </ul>
Working with Māori	Contributes to oranga and whānau ora for Maori employees and Māori participants/ whai ora with mental health and addiction needs	<ul> <li>Greets Māori people using te reo Māori greetings.</li> <li>Respects and uses te reo Māori correctly &amp; when appropriate.</li> <li>Respects Māori tikanga and spiritual practices, the importance of identity and the concepts of whakawhanaunga, manaaki, tino rangatiratanga and mana Motuhake.</li> <li>Asks whai ora and whānau what they need and provides information in English and Māori.</li> </ul>



		<ul> <li>Understands the importance of whakapapa and different roles within whānau.</li> <li>Supports Māori whai ora to identify and involve people who are important to them.</li> </ul>
Working with whānau	Encourages and supports the wellbeing of whānau and ensures they have access to information, education and support including children	<ul> <li>Demonstrates understanding that in many cultures, a person's identity is embedded and connected to whānau rather than their individual selves.</li> <li>Welcomes, establishes positive rapport and shares relevant information with whānau.</li> <li>Sensitively asks about support needs related to being a parent as appropriate to role.</li> </ul>
Working within communities	Recognises that people and whānau who experience mental health and addictions needs, are part of communities	<ul> <li>Understands 'community' in the broadest sense and that the concept of community is dynamic and evolving.</li> <li>Recognises that Māori whai ora may be supported within and contribute to wider social networks e.g. hapu, iwi.</li> <li>Demonstrates understanding of the importance of social inclusion and community connections, has knowledge of the communities people accessing services identify with, and supports them to connect with and participate in communities of their choice.</li> <li>Has a basic understanding of mental health promotion, addiction harm reduction, suicide prevention and postvention principles.</li> </ul>
Challenging discrimination	Challenges discrimination, & provides/ promotes a valued place for employees and participants/whai ora with mental health & addiction needs	<ul> <li>Demonstrates understanding of the prevalence, impact and challenges of discrimination on people who have mental health or addiction needs, whanau services and communities.</li> <li>Works to develop awareness and challenges own beliefs that may lead to discriminatory behaviour.</li> </ul>
Applying law, policy and standards	Implements legislation, regulations, standards, codes and policies relevant to their role	<ul> <li>Respects the relationship between government and tāngata whenua and upholds the principles of the Te Tiriti o Waitangi.</li> <li>Understand and adheres to legislation, regulations, standards, codes and policies appropriate to the role</li> <li>Upholds the principles set out in the UN Convention of the Rights of the Person, including the right to autonomy, self-determination, to be free from coercion and to be treated in a non-discriminatory way.</li> <li>Provides information to people about their rights and in a way that supports them to understand.</li> <li>Ensures people know about relevant feedback and complaints processes.</li> <li>Maintains and stores records in accordance with legal and professional standards.</li> </ul>



Maintaining
professional &
personal
development

Participates in life-long learning, & personal and professional development, reflecting on & seeking ways to improve self/ team/service

- Reflects on own work and practices to identify strengths and areas for further development.
- Seeks and takes learning opportunities to achieve professional development goals.
- Looks after own wellbeing and contributes to a safe and healthy workplace.
- Communicates effectively with a diverse range of people
- Engages with colleagues to give and receive constructive feedback.
- Works effectively in a team and understand team roles, different working styles and skill levels to contribute to the success of the team.