## JOB DESCRIPTION



#### Job Title – Diversional Therapist

#### CONTEXT OF THE JOB

- The purpose of this job is to identify the activity needs of each resident based on the resident's interests, preferences, abilities and to co-ordinate an activities programme based around these needs. To provide leadership to the team of activities staff and promote a positive team approach within the Care Home.
- The job reports to the Care Home Manager.
- · This job description was reviewed in June 2014.

#### **KEY TASKS AND RESPONSIBILITIES**

#### 1. Co-ordinate and Implement a programme of group and individual activities

- Actively promote a homelike, pleasant and stimulating environment for residents and their families
- Ensure the programme includes group and individual activities and involvement with the wider team
- Ensure the programme is distributed equitably to all resident groups
- Plan and document the programme a month ahead in conjunction with other activities staff
- Display a current timetable of activities
- Ensure the activities budget is used effectively to provide appropriate resources and equipment to deliver the programme
- Manage equipment, supplies and resources efficiently, effectively and safely
- Contribute to activities which measure the effectiveness of the programme e.g. satisfaction surveys

# 2. Plans activities relevant to the individual needs, abilities and interests of residents in the Care Home

- Complete an activity assessment, focussing on abilities and needs, in order to identify preferred leisure activities for each resident
- Develop an individualised activities care plan based on the assessment outcomes
- Contribute to the review process, in liaison with the multi-disciplinary team, including the Occupational Therapist where appropriate
- Ensure that each residents level of participation and involvement in activities is documented appropriately on the designated forms
- Report any problems, concerns or changes in the residents condition promptly

#### 3. Ensure residents are treated with respect, dignity and cultural sensitivity

- Know, understand and demonstrate adherence to the Health and Disability code of rights
- Respect the customs, beliefs and cultural needs of each individual resident
- Maintain resident confidentiality
- Respect resident privacy
- Follow service/care plans and guidance of qualified staff when working with residents who display challenging or inappropriate behaviour

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- 4. Develop and maintain excellent communication networks, both internally and externally, to support the activities programme
  - Participate in team meetings and regular supervision with OT
  - Participate in Unit meetings
  - Actively promote a positive team approach with all staff and maintain open lines of communication within the activities team and appropriate Care Home personnel
  - Participate in the network of activities staff throughout Bupa(BCS) facilities
  - Liaise with volunteers and organisations which provide activity both in and out of facilities
- 5. Quality Improvement adhere to BCS Policies; participate in and contribute to continuous improvement of activities and programmes
  - Follow Infection Control procedures
  - Maintain up to date knowledge of BCS policies and procedures
  - Participate in policy reviews as requested
  - Ensure a working knowledge of standards or codes of practice relevant to the aged care setting

#### 6. Health and Safety

- Demonstrate knowledge of and adherence to BCS Health and Safety policies
- Demonstrate commitment to maintaining a safe environment for residents and staff
- Actively participate in hazard identification and corrective actions
- Report any accidents/incidents promptly
- Ensure paints, glues and other potentially harmful substances are not left unattended and are locked away when not in use

#### 7. Maintain personal and professional development

- Attend and contribute to all relevant and/or compulsory education sessions
- Participate in informal continuous learning opportunities during supervision, planning meeting and guided practice
- Complete annual van loading and driving competency assessments
- Complete annual restraint competency assessment
- Participate constructively in performance reviews and seek opportunities for development

#### **KEY COMPETENCIES**

• Basic skills in full MS Office Suite (Excel, Word, Outlook and PowerPoint).

#### **EXPERIENCE, TRAINING AND QUALIFICATIONS**

- A minimum of 1-3 years work experience.
- Secondary schooling
- Vocational training Diversional Therapy Certificate preferred



#### **VISION & VALUES OF BUPA**

## Bupa's purpose is to help people live longer, healthier, happier lives.

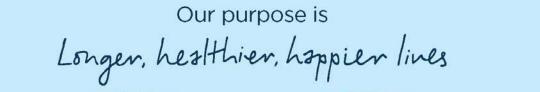
We do this through our vision of 'taking care of the lives in our hands'. Our strong caring ethics, dedication and respect are valued by people at some of the most vulnerable times in their lives. So trust is intrinsic to the way we operate as a business, wherever we are in the world.

#### Our values

At the heart of our service are our values. These are the principles that determine the way we behave and what we believe. They also bring us together as a family, giving us a common culture, and they inspire trust and loyalty in our people.

	Passionate	$\bigtriangledown$	Full of energy Love what we do and why we do it Love our customers
	Caring		Big-hearted and compassionate Treat people with respect and kindness Everyone and everything matters
	Open		Seek new ideas and other points of view Share freely Really listen and understand Embrace diversity
	Authentic	$\bigcirc$	True to yourself Genuine and honest Say what we mean, mean what we say
	Accountable		Always responsible Take ownership Make it happen
	Courageous	$\Im$	Be brave Dare to try Speak up
	Extraordinary	÷.	Go above and beyond Be the best we can dream to be Deliver outstanding results, big and small
Signed			(Employee)
			(Employer)
Date			

A job description is intended to give an appreciation of a role, the range of work and responsibilities involved and the important company values. The job description may be altered or added to from time to time.



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